



FAMILY SUPPORT
 Institute of **BC**
families supporting families

Resource Parent / Resource Family Member Directory

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Our Mission

The purpose of the Family Support Institute is to strengthen and support families faced with the extraordinary circumstances that come with having a family member who has a disability. We believe that families are the best resource available to

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THE INFORMATION CONTAINED IN THIS DIRECTORY IS CONFIDENTIAL

IT IS FOR USE BY RESOURCE PARENTS /

RESOURCE FAMILY MEMBERS ONLY

FAMILY SUPPORT INSTITUTE

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Website: www.familysupportbc.com

DEDICATION

The Resource Parent / Resource Family Member Directory is dedicated to all of you who live and believe in the vision of the Family Support Institute:

“Families Supporting Families”

Your volunteer support of the Family Support Institute is the heart and soul of who we are and what we do.

Thank you!



FSI's Resource Parent / Resource Family Member training weekend is about celebration, networking and sharing together.

MISSION STATEMENT

The purpose of the Family Support Institute is to strengthen, connect and build communities and resources with families of people with disabilities in B.C.

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Background On the Family Support Institute

The Family Support Institute was established by the British Columbia Association for Community Living in the fall of 1986 in response to the needs and requests of families of individuals with disabilities. Its purpose is to strengthen and support families faced with the extraordinary circumstances that come with having a family member who has a disability. The Family Support Institute's basic philosophies are that families are the best voice to speak for their own unique circumstances and that families are a unique and valuable resource for one another. The Family Support Institute incorporated as an independent society in April of 1989. In July 2009, the Resource Parent (RP) network was expanded to include Resource Family Members (RFM) (eg. adult siblings, aunts, uncles, grandparents). Please see the volunteer description below for more details.

Family Support

The Family Support Institute works to bring families together to share their joys and challenges and provides them with information, education, encouragement, and support.

Networking

The Family Support Institute's principle means of providing support to families is through Resource Parents and Resource Family Members. These are parents/family members trained and assisted by the Family Support Institute to act as sources of information and support to other families in their communities.

Information Services

The Family Support Institute collects and provides up-to-date information on services, current practices, and educational, recreational, and respite care options. The Family Support Institute distributes information through its newsletter POSSIBILITIES!, has videos available for rental, and provides information on an as-requested basis.

Workshops

The following workshops are currently available to parents or professionals, through the Family Support Institute:

- Key Roles For Families In Ensuring Good Lives
- Parents, Partners in Education
- Brothers & Sisters
- Parent Professional Relationships
- Circle of Friends
- Effective Advocacy Strengthens Community
- Preschool Transitions – Preparing for Change Together
- Leaving High School - What's Next?
- Families Leading the Way

Updated 2018 05 22

Family Support Institute Board of Directors 2018 – 2019

The Board makes decisions on the policy and direction of the Family Support Institute. Most of our Board Members are also Resource Parents/Resource Family Members. Please speak with our President if you are interested in serving on the Board.

BOARD – EXECUTIVES



**Bonnie Fallowfield –
President/Resource Parent**
Region: 7B – Great North East
Email: fallowlb@shaw.ca
On FSI board: AGM – 2013 04 20



**Danielle Cross – Vice
President / Resource Parent**
Region: 3 – Fraser Valley
Email: dcross79@gmail.com
On FSI board: 2017 08 08 – voted
in at AGM on 2018 04 19



**Adam Gartland
Treasurer**
Member at Large
Email: adam.gartland@gmail.com
On FSI board: 2013 05 12

BOARD – DIRECTORS



**Ross Chilton
Community Member**
Region: 1 – Greater Vancouver
Email:
rchilton@communitylivingsociety.ca
On FSI board: AGM – 2015 06 12



**Fred Ford
Community Member**
Region: 4B – South Island
Email:
jfford@shaw.ca
On FSI board: AGM – 2017 05 25



**Jay Goddard
Community Member**
Region: 5 – Thompson/Okanagan
Email:
jgoddard@tru.ca
On FSI board: AGM – 2017 05 25

Family Support Institute Board of Directors (continued)

BOARD – DIRECTORS		
		
<p>Nancy Hoyano Community Member Region: 4A – North Island Email: nhoyano@telus.net On FSI board: AGM – 2017 05 25</p>	<p>Debbie Roblin Resource Parent Region: 7B – Great North East Email: roblin_250@shaw.ca On FSI board: AGM – 2013 04 20</p>	<p>Karen Speijer Resource Parent Region: 2B – Fraser South Email: kspeijer@gmail.com On FSI board: AGM – 2014 04 12</p>

BOARD – MEMBER AT LARGE		
	<p>Adam Gartland Member at Large (see Board Executives above)</p>	
<p>Laney Bryenton Member at Large Email: lbryenton@shaw.ca On FSI board: AGM – 2013 04 20</p>		

Family Support Institute Board of Directors (continued)

STEPPED DOWN FROM BOARD – MID TERM



Elizabeth Anthony
Resource Parent

Region: 4B – South Island

Email:

bethony1@yahoo.ca

On FSI board: AGM – 2014 04 12

**Stepped down from the
board: 2018 05 22**

FSI Board Members By Region

Region Number	Region Description	Board Member	Board Member
Region 1	Greater Vancouver	Ross Chilton	
Region 2A	Fraser North		
Region 2B	Fraser South	Karen Speijer	
Region 3	Fraser Valley	Danielle Cross	
Region 4A	North Island	Nancy Hoyano	
Region 4B	South Island		Fred Ford
Region 5	Thompson / Okanagan	Jay Goddard	
Region 6	Kootenays		
Region 7A	Great North West		
Region 7B	Great North East	Bonnie Fallowfield	Debbie Roblin
Member at Large		Laney Bryenton	Adam Gartland

Who's Who At The Family Support Institute

Angela Clancy, Executive Director

Angela Clancy joined the FSI team as Executive Director in 2003. Angela feels blessed every day for her involvement with families, individuals, community and for having the opportunity to be in a career that speaks directly to her passions. As Executive Director, she provides leadership, vision and support to an amazing team of staff and volunteers who are all committed to the mandate and values of FSI. In her role at FSIBC she has been able to maximize her long history of experience and education with families who face the extraordinary challenges that come with having a family member with a disability. Angela has been personally and professionally inspired by growing up with her brother, Alan, who requires ongoing supports throughout his life due to disability challenges. Angela has 3 daughters who have all individually taught her lessons about herself, her dedication to family, and how to maximize every opportunity in your life; to cherish every minute and every experience. Angela's education and life experience have led her to form a strong value system that is based on equal rights, equal opportunities, and community inclusion for all people.



Nancy Chan, Office Manager

Nancy joined FSI's staff on February 4, 2003. Nancy and her husband, Tom, have two wonderful adult children, Daryl and Nicole, who often volunteer for FSI. Nancy's responsibilities include: maintaining FSI's membership, donations, and RP/RFM directory information; assisting Resource Parents / Resource Family Members / FSI Board Members; assisting with the Annual Training Weekend; providing phone support and information to families and professionals; and performing various other administrative and operation tasks.



Valerie Irving, Training Coordinator

Valerie Irving is Family Support Institute's (FSI) Training Coordinator who comes to us with a multitude of experience in the volunteer sector.

Valerie's passion is to advocate for individuals' rights to be treated with dignity and respect which has taken her to many different forums. As a mother of three children; one with a disability, she signed on with FSI as a Resource Parent in April 2009, and has brought many of her first-hand experiences to her work and supports others with these strengths.

Her bright and cheery persona has graced the table, as a member of the Community Ventures Board for over 10 years. She has taken on a variety of tasks in this time and headed a variety of successful fund raising events for the organization.

She has also volunteered in community at the Community Police Station, was PAC president at her daughter's school and the representative to DPAC for her daughter's French Immersion school.

Valerie loves to go to the theatre, hike, and get together with friends when she can find the time in her busy schedule. Valerie's motto is "Live, Love, Laugh". FSI is so fortunate to have such a warm and energetic person as part of their team at head office.

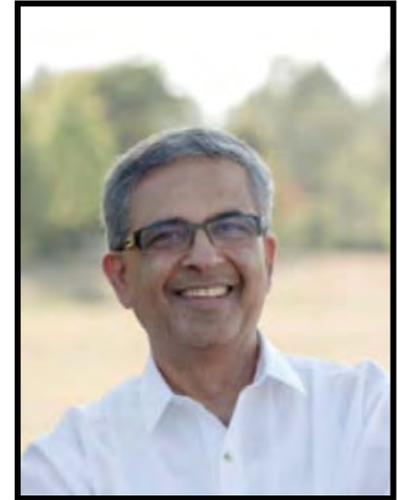


Bob Kashyap, Provincial Family Support Coordinator

As a parent of a child with special needs, Bob knows the need for support, both on the physical and psychological level, for a population that cannot stand up for themselves. Thus working to promote positive change and increased understanding of all partners to ensure that an accessible, transparent and accountable approach to individuals with developmental disabilities is maintained, holds “real” meaning for him.

His personal philosophy is that if we genuinely respect and care for individuals, we can bring out the best in them and make any place a better one. EQ and IQ must go hand in hand, to explore the full potential of any situation along with the need to maintain discretion and foster trust among all stakeholders. He believes that as mature members of society, it is imperative we support families of the marginalized ones who already face significant challenges, by fostering open communication and understanding between families who have a need and various organizations who endeavor to meet these needs.

A Chartered Accountant by training, Bob has worked in various industries and countries for over 30 years. He has experience in translating an entity's vision to goals and strategies; Building a culture of trust, integrity and creative thinking; Motivating and empowering team members to accomplish goals and objectives, as these have all been part of his professional career.



Erin Tesan, Office Volunteer

Erin has been working for FSI since 1997 and thoroughly enjoys her variety of tasks which include: photocopying, shredding, mailing and putting together Welcome Kits. She very much looks forward to seeing her friends at FSI.

Erin has a busy schedule which includes working at Safeway and PLAN as well as FSI. She enjoys horseback riding, going to movies and swimming.



Mandy Young, Volunteer and Family Engagement Coordinator

Mandy is the mother of a 7 year old daughter with a rare genetic syndrome called Prader-Willi Syndrome and ASD. She started as a RP in Aug 2016 and is now excited to be working with FSI (April 2018) on a one year contract. Mandy understands the connection with community and the benefit it can have on the whole family unit. In 2011 she became the vice-president of BCPWSA and then in 2017 moved into the role of president. She is a strong advocate in the PWS community with her participation in fundraising each year for "One Small Step" walks. Mandy and her daughter have participated in two parent driven initiatives to better understand the Ketogenic diet and the benefits of this diet on the PWS community. She is dedicated to helping families find ways to manage PWS in their daily lives by either diet changes, advocating for better medical care, advocating for dual diagnosis-Autism and PWS, support for school age transitions or just a listening ear.



She has also volunteered as a Health Mentor since 2014 in the UBC Interprofessional Health Mentor Program bringing students from multiple disciplines together to learn from her stories and create patient centered care understanding in their curriculum. In Dec 2016 Mandy started J.O.Y, - a parent to parent monthly support meeting on the North Shore with the support of another RP in her area.

Mandy early on decided the best way to support her daughter medically was to nurture and build relationships with her daughters "Dream Team" as it is referred to now. This philosophy has proven to be successful and she hopes to share her knowledge with other families.

Mandy loves a good (or any) glass of wine, running alone or walking with her family, hanging with close friends and enjoys travel-she has visited 35 different countries.

Family Support Institute of BC

Resource Parent (RP) and Resource Family Member (RFM)

Volunteer Description

A Resource Parent (RP) or Resource Family Member (RFM) is a parent, guardian, or relative of an individual with a disability, and who has an active role and/or vested interest in the life of their loved one.

Each RP or RFM is a unique individual who contributes in their own way according to their interests and strengths.

A. Active Resource Parent or Resource Family Member

1. Stay Current

When families look to you for support, you will be willing to:

- 1.1 Learn together with other families; meet people where they are at. We hope for a reciprocal relationship for everyone.
- 1.2 Help them find what they need.
- 1.3 Learn in the process of supporting others.
- 1.4 Be familiar and committed to the mission and vision of FSI.

Our Vision

All individuals and families are supported, connected and fully valued in their communities.

Our Mission

To strengthen, connect and build communities and resources with families of people with disabilities in BC.

2. Stay Committed

In your role as an FSI volunteer you will be open to:

- 2.1 Receiving phone calls/emails from families looking for support from another family.
- 2.2 Meeting another family in person, if that is what the family needs/wants at that particular time. Finding a suitable time for both parties is a necessary aspect in meeting in person.
- 2.3 Hearing other families' ideas and not judging their actions or statements through personal biases.
- 2.4 Sharing your story, your experiences, and your gifts.
- 2.5 Listening to another families' story.

3. Stay Connected

In your role as an FSI volunteer you will be willing to:

- 3.1 Connecting families with other families who have similar concerns and experiences, with the support of the Provincial office.
- 3.2 Sharing other experiences that you have that may potentially assist us in making good connections to you with other families.
- 3.3 Participating, when possible, in ongoing communication with the Provincial office and other RPs or RFMs in your community.
- 3.4 Exploring options to attend the Annual Training Weekend in an effort to stay connected with the larger network.

4. Confidentiality

As we support families and obtain information about their circumstances or challenges, we ask that you respect their right to confidentiality. If you pass on information in your desire to support them, we ask that you consider the following practice:

- We will provide general information on a need to know basis only.
- We will only provide information to others when permission has been obtained from the family.

B. Inactive Resource Parent and/or Resource Family Member

This category is self-determined for those who find they are unable to connect at the current time for any variety of reasons. This status does not prohibit an inactive member from receiving support from the network. It merely means that the person will not have families referred to them as they manage through their own life circumstances. We want to always support our volunteer network and find ways to keep them strong, healthy and vibrant. The inactive status is for a one year term with the possibility of an additional year extension. Under extenuating circumstances, the inactive status may be extended beyond the two year time frame. The Provincial office will contact inactive RPs/RFMs at three and six months of being inactive to ensure that the RP/RFM has the support they need and to determine together whether the RP needs to step aside from this role.

C. Retired Resource Parent or Resource Family Member

This category is for RPs or RFMs who choose to discontinue with active involvement such as attending the Training Weekends and supporting other families. This status is self-determined. Once the RP or RFM has decided to retire from the position they will no longer receive the confidential RP/RFM information such as the Directory updates. Should a retired RP want to become an RP once again they would re-apply to the Provincial office and begin the process of becoming an active RP again.

D. Administrative Inactive Resource Parent or Resource Family Member

This category is designated by the Provincial office. It is for volunteers who have not contacted the office and whose phone numbers are out of service, mail is returned, emailed bounce back and essentially the office has no way of contacting the volunteer to complete their duties as a volunteer. We understand that sometimes it takes a while to update your contacts after a move or a change so we give these people a 6 month grace period after which time they will be removed from the volunteer network. Should an RP placed in this category and removed from the network want to become an active RP once again they would re-apply to the Provincial office and begin the process of becoming an active RP again.